**Wellness Quest, LLC**  
**Providing Comprehensive Nutrition**

**New Eden Nutritional Ingredients**: Nutrient molecules have no biological activity or effect until they are combined into complex compounds by cellular synthesis. Cellular synthesis is controlled by the genes and is not subject to human intervention or control in this micro-cosmos. Nutrition supports the biochemistry of life, a natural phenomenon.

**Stabilized Rice Bran**: Rice bran is a by-product of the rice milling process (the conversion of brown rice to white rice), and it contains over 200 antioxidants, phytosterols and phytochemicals that impart supportive effects on human health. Bran is particularly rich in dietary fiber and fatty acids and contains significant quantities of starch, protein (balanced amino acid profile), vitamins (rich in B complex), and dietary minerals. It constitutes a store house of micro-nutrients low or short in the modern diet.

**Sunflower Lecithin** is a nutrient molecule active in normal biochemistry of cholesterol, liver function and handling of toxins.

**Flax Seed omega 3, 6, 9 fatty acids**: Phytonutrients in Flax participate in the normal mechanisms of blood pressure control and skin health. The skin is the largest organ in the human body and its normal health is commonly ignored. Quality of life is fostered by the participation and utilization as molecular units in the cellular synthesis of bio-active compounds that act to restore homeostasis or balance in the body. Homeostasis is experienced daily as a good and a normal health status.

**Aloe Leaf Powder**: Aloe vera is a desert lily that its leaf gel has been used by humankind to support health for over 5,000 years. Aloe vera has been used for eons in traditional, folk and herbal medicine. Aloe is used most commonly used to support normal health of the largest organ in the human body, the skin. It has been long used internally to support normal metabolism of the gastro-intestinal tract, blood glucose levels and liver health. The plant makes complex oligosaccharides used to nutritionally support cellular synthesis of bio-active compounds that support normal host defense, repair, regeneration, balance and function in multiple organ systems.

**Cysteine**: Cysteine, more abundant in cruciferous vegetables, is assembled inside cells using glycine and glutamic acid, all amino acids found in food, to make the body’s most active intracellular free radical scavenger. This normal biochemical process is under innate gene control and contributes significantly to a normal state of good health. The American diet is commonly low in Cruciferous vegetables.
**Inositol Hexaphosphate (IP6):** IP-6 is a nutrient active in the normal nutrition and thus biochemistry of lipids in the human body (cholesterol, hormones and fatty acids) IP 6 is active in the normal management, i.e. biochemistry, of liver, free radical quenching compounds, immune system function, cellular division and growth of cells.

**Dioscorea (yam) powder:** Dioscorea is a complex phytonutrient utilized by the body in normal hormonal synthesis and management of this complex system of innate endocrine balance and control. The benefits to human health observed for decades in this nutrient molecule’s use, has not been fully determined by modern science.

Extensive animal studies indicate this nutrient molecule is active in the normal control of blood sugar levels in animals and humans. Original folk medicine usage has been confirmed that this complex nutrient molecule is active in normal control mechanisms of reproduction, menstrual periods, hormone synthesis, inflammation and function of joints and tendons.

**Citric Acid:** Citric acid bonds easily to minerals and metals, called *chelation*. It can help to bind certain minerals with citric acid, since the body will more easily absorb metabolic chelated minerals. For example, some calcium supplements can come in the form of calcium citrate, and are better absorbed by the body.

Citric acid is a normal step in glucose utilization for energy metabolism and production of ATP++ in mitochondria. This intermediate metabolic nutrient is so vital to the human body’s normal energy levels that the discoverer, Hans Krebs was awarded the Nobel Prize.

**Cherry Tart Powder:** A growing body of science reveals tart cherries, enjoyed as either dried, frozen cherries or cherry juice, have among the highest levels of health promoting antioxidants, when compared to other fruits. They also contain other important nutrients such as beta carotene (19 times more than blueberries or strawberries) vitamin C, potassium, magnesium, iron, fiber and folate.

Emerging evidence is accumulating that natural nutrient components in cherries are active in the biochemistry of normal joint and tendon function, heart function, blood glucose levels and cell growth.

**UltraTerra Calcium Silicate:** This natural rock formation has been extensively researched at Texas A&M University, MD Anderson Clinical Center and the CDC. It received a WHO recognition award for health benefits. It binds to and traps toxic substances in food and capillaries in the colon tissue wall, for fecal elimination from the body. This natural clay neutralizes a host of toxic substances that damage the body’s systems including the liver, bone marrow, brain, other organs and normal cell division. It is especially noted for neutralizing aflatoxin, certain insecticides, herbicides, organic and inorganic chemicals, carcinogens, along with toxins released by normal cellular metabolism. This insipient natural material never enters the body’s blood or tissues.

The statements contained herein have not been evaluated by the Food and Drug Administration. The information contained in this brochure is intended for educational purposes only. This information is not intended to be used to diagnose, prescribe or replace proper medical care. The information described herein is not intended to treat, cure, diagnose, mitigate or prevent any disease.

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